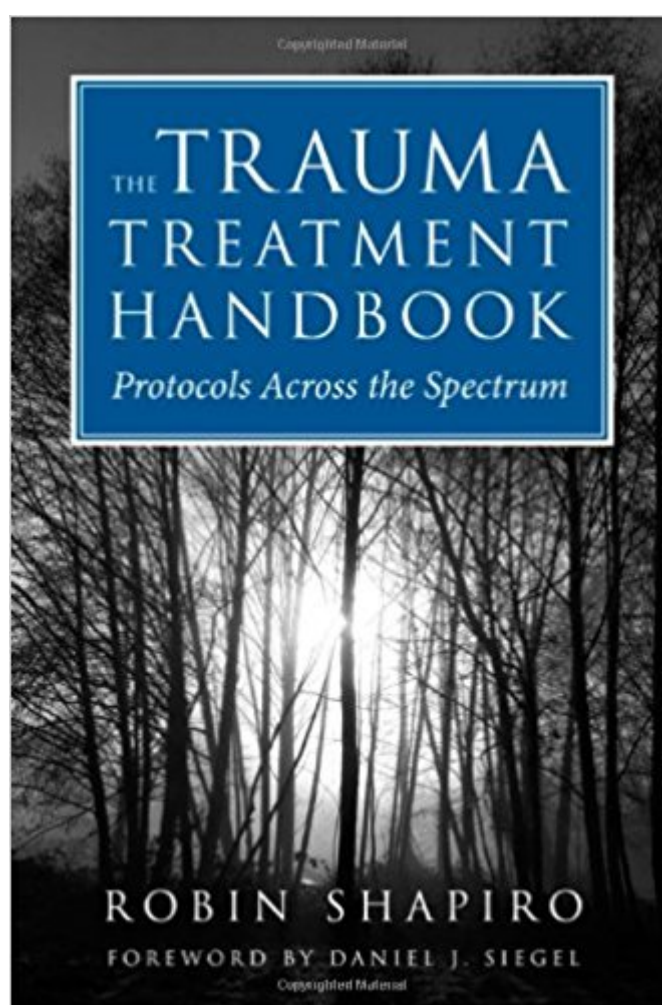


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# The Trauma Treatment Handbook: Protocols Across The Spectrum (Norton Professional Books (Hardcover))



## Synopsis

The therapist's go-to source for treating a range of traumatized patients. With so many trauma treatments to choose from, how can a therapist know which is best for his or her client? In a single, accessible volume, Robin Shapiro explains them all, making sense of the treatment options available, their advantages and disadvantages, and how to determine which treatments are best suited to which clients.

## Book Information

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## Customer Reviews

"Due to the complexity of traumas the various approaches warrant significant discussion. In this volume Shapiro has done so brilliantly. Can be appreciated by both the experienced clinician as well as members of the general public. I welcome Shapiro's book and highly recommend it to anyone concerned about helping others or themselves surmount this affliction. - International Hypnosis Research Institute" "What a great book. Plainly written, packed with information and resources, the author demonstrates an astonishing depth of knowledge, grasp of scores of trauma therapies, along with compassion and warm empathy for trauma survivors. All this underscored with a scientific objectivity and a lively sense of humor. This book gives the therapist - novice or experienced - a massive choice of approaches to apply to a specific traumatized client. - Hypnosis Depot" "[A] practical resource for those needing a comparative overview of the various trauma treatment

methods available. – The Milton H. Erickson Foundation Newsletter – “This is a thorough, accessible, and very practical book, filled with resources and sound ideas, filtered through the intelligence and experience of a savvy, compassionate, down-to-earth, and very experienced clinician. It is like a travel guide to the land of trauma and trauma treatment: if you are new to it, it will orient you to all there is to do and see; if you’re a frequent traveler, it is a worthwhile reminder of all that is out there, above and beyond the familiar places you always visit. One couldn’t ask for a better guide. I highly recommend it. – Diana Fosha, PhD, Director, The AEDP Institute, and co-editor, The Healing Power of Emotion – “The Trauma Treatment Handbook is a most welcome addition to the vastly growing trauma literature. Robin Shapiro, a gifted clinician and writer, helps readers understand what it means to be traumatized, how it may affect people in various domains of their lives and what healing entails. In particular, she expertly helps those who need trauma therapy to consider which therapeutic approaches might be most suitable to their needs. – Onno van der Hart, PhD, Honorary Professor of Psychopathology of Chronic Traumatization, Utrecht University

Robin Shapiro, MSW, LICSW, the editor of two EMDR Solutions books and The Trauma Treatment Handbook, is in private practice in Seattle. She is known for her informative, user-friendly workshops, insightful clinical consultation, and her popular blog Trauma & Attachment Therapy. She is proud to serve on the board of the EMDR Humanitarian Assistance Program.

Robin Shapiro must have put in a lot of hours researching, and in many cases, doing the therapies in her book! I was amazed at how many different modalities are available to the therapist who work with trauma. While the reader will need to do further exploration with each of the treatments discussed in her book, she provides enough of a synopsis of each to give you a basic understanding. Since unresolved trauma causes so many problems, all therapists need a variety of techniques to help heal their clients, and the author provides plenty to choose from!

I’m still reading this book. it’s kind of a mix of academic/scientific explanation of trauma along with the treatment process. I wouldn’t really call it a “handbook,” though, which suggests a handy tool for working with clients. It’s more meaty and something that increases my understanding of trauma so I can work better with my clients. I have found it useful in this regard. If I have more to add after I finish it, I’ll do a p.s.

I got this book for a class I was taking and am very happy to add it to my library for my field of work, which is counseling. This has excellent information on how to work during a crisis and will be beneficial to me when I begin my counseling career next year. Quick delivery too!! Thank you!!!  
A+++

This is a great book and useful for anyone who is interested in learning the basics of trauma treatment. Shapiro is concise and easy to read AND she gives additional resources so you can do more research on your own if you want. One of the best trauma texts I have ever read!

Robin Shapiro has provided a guide for therapist that is a gold mine of insight, effective interventions, and her personal wisdom.

Robin Shapiro gives an excellent description of the effects of trauma and the various treatment modalities used. This book is for therapists rather than the general public.

this is one book that all clinicians should own. It works for anyone and everyone. This is a great product

Simply because, "I am drawn to trauma therapy because it offers me an opportunity to do something about the brokenness all around us" (Deborah Woolley).

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